

### **Advice and Guidance on Lead in Food**

The Country Food Trust produces two meals – The Country Casserole and The Country Curry – which contain meat that has been shot rather than farmed. There is a possibility that they may therefore contain traces of lead. Each food pouch carries an appropriate lead warning.

The Country Food Trust takes its responsibilities regarding lead very seriously and goes through an extensive process to remove lead in its products. We regularly test our products for lead to ensure our products are within the EU limits and they are substantially under those limits. However, the FSA states that there is no official safe limit for lead.

Since 2012, The Food Standards Agency has advised people not to consume game meat that has been shot using lead too frequently. This is especially important for toddlers and children, pregnant women and women trying to conceive, because exposure to lead can harm the developing brain and nervous system.

We would therefore ask you to ensure that you do not feed vulnerable groups including toddlers and children, pregnant women and women trying for a baby with either The Country Casserole or The Country Curry.

A link to the FSA's guideline on lead in food can be found here:

<https://www.food.gov.uk/science/advice-to-frequent-eaters-of-game-shot-with-lead>

Before we supply these products, it is important for organisations which are distributing our food to read and understand these guidelines and to confirm that they have done so by signing the attached page and returning it to [enquiries@thecountryfoodtrust.org](mailto:enquiries@thecountryfoodtrust.org)

The Country Food Trust

4 Conduit Street . London . W1S 2XE  
Tel 020 7096 6354

[WWW.THECOUNTRYFOODTRUST.ORG](http://WWW.THECOUNTRYFOODTRUST.ORG)

THE  
**COUNTRY**  
**FOOD**  
TRUST

I confirm I have received and read The Country Food Trust's advice and guidance on lead. I would like to receive meals from The Country Food Trust, some of which may contain traces of lead.

I confirm that we will not feed vulnerable groups including toddlers and children, pregnant women and women trying to conceive with either The Country Casserole or The Country Curry.

Recipient charity name .....

Signed ..... Date: .....

Print name and position.....

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