

Guidance on Lead

The Country Food Trust produces two ready meals – The Country Casserole and The Country Curry – which contain meat that has been shot rather than farmed. All of the meat used for ready meals is scanned for lead three times before it is supplied. However, it is possible that despite the meals being scanned in that way they may contain traces of lead. Each food pouch carries an appropriate lead warning. The FSA states that there is no official safe limit for lead.

The Country Food Trust also provides chilled or frozen game meat to charities that cook their own meals onsite. If your charity elects to take this meat then please be aware that whilst it comes from local game dealers that are Approved Game Handling Establishments, it may or may not have been scanned for lead. Useful guidance on how to prepare game meat that has been shot with lead can be found at https://www.youtube.com/watch?v=vH_roSYGNC8.

The Food Standards Agency's advice is that people should not consume too frequently game meat that has been shot using lead. This is especially important for children, pregnant women and women trying to conceive, because undue exposure to lead can harm the developing brain and nervous system. We would therefore ask you to ensure that you do not feed these vulnerable groups with either our ready meals or the chilled or frozen game meat.

A link to the FSA's guideline on lead in food can be found here:

<https://www.food.gov.uk/science/advice-to-frequent-eaters-of-game-shot-with-lead>

Before we supply any of these products, please sign the attached confirmation and return it to enquiries@thecountryfoodtrust.org.

Many thanks
The Country Food Trust

PO Box 114 . Wotton-under-Edge . GL11 9BQ
Tel 01453 845592

WWW.THECOUNTRYFOODTRUST.ORG

I confirm I have received and read The Country Food Trust's guidance on lead. I would like to receive meals or chilled or frozen game meat from The Country Food Trust, some of which may contain traces of lead.

Charity Name.....

Registered Charity Number

Signed

Print Name and Position

.....

Date:

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